

# MY DIGITAL RIGHTS BOOKLET



Kids Rights  
Canada

Dear Children,

Welcome to your digital rights guide! The internet is your space to learn, play, and connect. Just like in the physical world, you have rights online. This booklet explores the rights you have to stay safe, connect with the world, and express yourself freely.

You will find the letters 'UNCRC' in every page. UNCRC is a giant list of promises made by countries around the world to keep children safe and happy. It contains rights children have, both online and offline.

Let's learn about our rights online together!

**Kids Rights**  
**Canada**

# Right to Protection

01



UNCRC Article 19

"I have the right to be protected from bullies, hackers, and dangerous people online."

Governments and companies must do everything possible to protect me from cyberbullying and harmful content. My safety comes first.



## Right to Privacy

02



UNCRC  
Article 16

"I have the right to keep my secrets,  
my data, and my face private."

My personal information belongs to me.

Companies shouldn't spy on me.

Adults should respect my privacy online.

Right to Help

03

UNCRC  
Article  
39



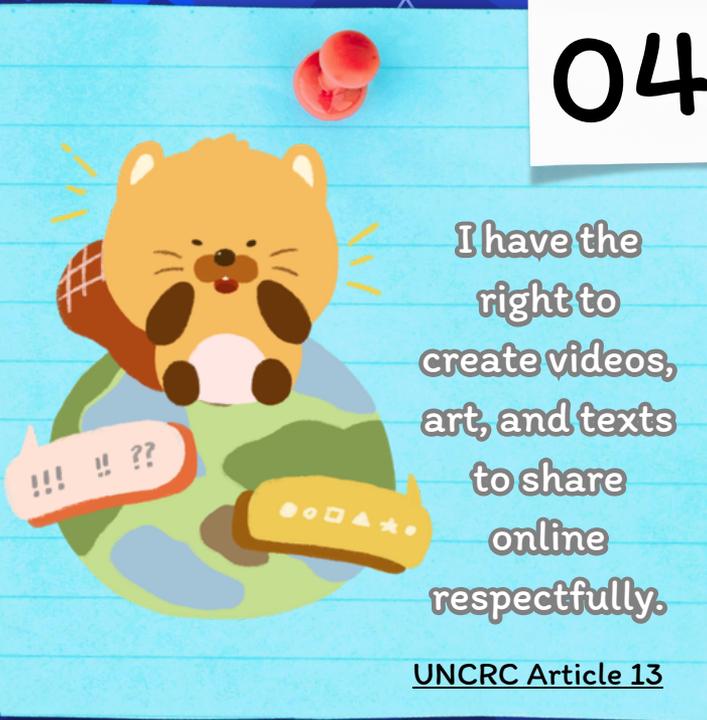
I have the right to get support if something bad happens to me online.

If I am bullied, tricked, or scared, adults should help me so I can feel safe again.

I should not be punished for asking for help

Right to Speak & Create

04



I have the right to create videos, art, and texts to share online respectfully.

UNCRC Article 13

I have the right to share information and ideas as long as it doesn't hurt others.

# Right to Share Opinions

05



UNCRC  
Article 12

"I have the right to share my views about how the digital world should be shaped, and adults need to listen to me."

My opinion matters. When I report a problem or suggest a change to an app, my voice should be heard and taken seriously

Right to Play

06



UNCRC Article 31

I have the right to game,  
relax, and have fun online,  
if it helps me grow and learn.

The internet is my playground too. I have a right  
to enjoy online games in a healthy way.

## Right to Honest Information

07

UNCRC  
Article 17



I have the right to know the truth and to understand what I am seeing online.

I have a right to know if information online is true, if a video is an ad, or if a photo has been changed.  
I deserve information that keeps me happy and healthy.

# Right to Equal Access

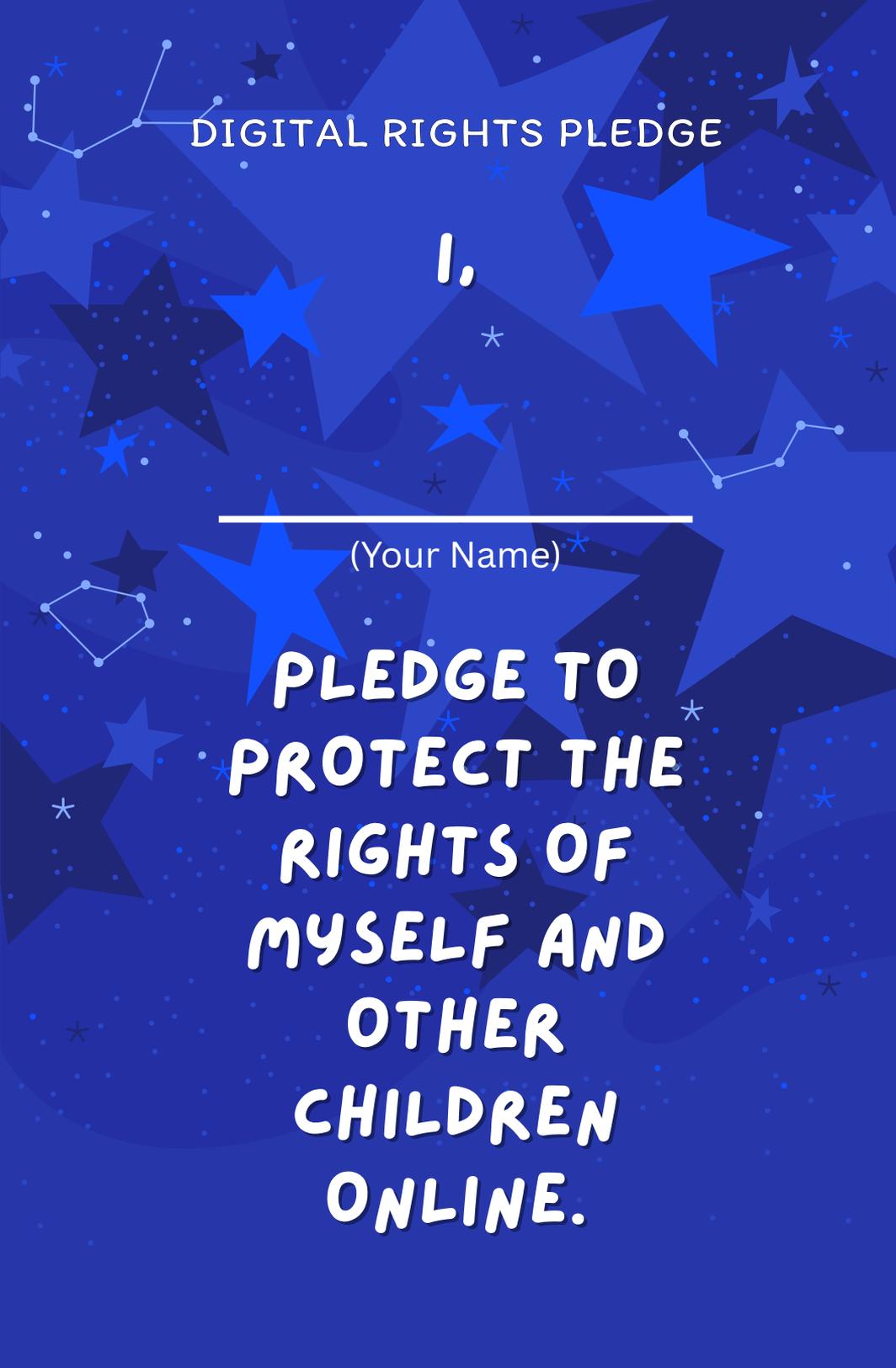
08

UNCRC Article 2



I have the right to use the internet to learn and connect, no matter who I am.

I should not be left offline or treated differently because of my gender, where I live, or how much money my family has. The digital world is for everyone.



DIGITAL RIGHTS PLEDGE

I,

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(Your Name)

**PLEDGE TO  
PROTECT THE  
RIGHTS OF  
MYSELF AND  
OTHER  
CHILDREN  
ONLINE.**



**Kids Rights**  
**Canada**

[www.kidsrightscanada.org](http://www.kidsrightscanada.org)